A picture containing clipart

Description generated with very high confidence

«PATIENT\_Title» «PATIENT\_Surname»,

«PATIENT\_BlockAddress»

Your NHS Number [NHS Number]

Dear «PATIENT\_Title» «PATIENT\_Surname»,

|  |  |  |  |
| --- | --- | --- | --- |
| Coronavirus SymptomsCoronavirus 2 | This is an important letter about coronavirus. | | |
| A person holding a dogDescription automatically generatedA person sitting at a table using a computerDescription automatically generatedA person standing in front of a crowd posing for the cameraDescription automatically generated | This letter is for every adult who has Down’s syndrome.  We are writing to you because you have Down’s syndrome. | | |
| Qualitative researchCoronavirus 2Coronavirus SymptomsA picture containing clipartDescription generated with very high confidence | We have been finding out more about coronavirus.  You might hear it called  COVID 19. | | |
| Lockdown- someone who needs more support | We know more about who needs extra support to stay well. | | |
| Somebody studying- excited they know the answer | **What we have found out…** | | |
| Hospital 1House 8Coronavirus Symptoms | Most people who get coronavirus will get a little bit ill.  They will get better at home. | | |
| Hospital Carer MaskAnnabelle 7 | Some people get very ill with coronavirus and need to go to hospital. | | |
| Gravestone | Sadly, some people can die from coronavirus. | | |
| Someone washing hands, someone wearing mask, some people social distancing | There are things we can do to keep safer from coronavirus -   * wash your hands regularly * cover your face when you're with people you don't live with * stay two metres apart from others. | | |
| Hospital Carer MaskCoronavirus Symptoms | People who have Down’s syndrome are more likely to have health conditions that make coronavirus worse. | | |
| Someone breathingLungs | People who have Down’s syndrome might have problems with breathing. | | |
| Thumb downHeart | Or have heart conditions. | | |
| Person fighting against coronavirus | And people who have Down’s syndrome might find it harder to fight infections. | | |
| A person smiling for the cameraDescription automatically generatedA person wearing a suit and tie smiling at the cameraDescription automatically generated  Safety | The danger gets worse the older you are. | | |
| Person pointing to you | **What this means for you** | | |
| A person sitting on a couchDescription automatically generatedA person holding a dogDescription automatically generatedA person standing in front of a crowd posing for the cameraDescription automatically generatedCoronavirus 2Safety | Coronavirus may be dangerous for you if you catch it, because you are an adult who has Down’s syndrome. | | |
| Hospital | You may become very ill if you catch coronavirus. You might need to go to hospital. | | |
| List of people | | We have a list of people who may need extra help to stay safe from coronavirus.    You are now on this list.  This list is called the shielded patient list.  Sometimes the people on this list are called clinically extremely vulnerable. | |
| Someone reading a letter | | You will get other letters because you are on this list.  The letters will tell you how to stay safe.  If you have been sent this letter by your doctor as well, do not worry. | |
| Person with thumbs up | | It is good to be on the list because it means you could get some extra help to stay safe from coronavirus.  There is more information about this at the end of the letter. | |
| List of peopleQueue1Me4 | | It is important to be on this list because it means you will be invited to get the coronavirus vaccine before other people. | |
| Person fighting against coronavirus  Person fighting against coronavirus | | The coronavirus vaccine is a medicine that can help stop you getting coronavirus. | |
| Injection in the arm | | The vaccine comes as an injection (or jab) in your arm. | |
| Covid VaccineCovid Vaccine | | You will need 2 lots of the coronavirus vaccine to keep you as safe as possible from coronavirus. | |
| Covid Vaccine 1Point Paper 2 | | We will write to you to tell you when it is time to have the coronavirus vaccine. | |
| Covid Vaccine 1 | | You can find out more about the vaccine in an easy read leaflet.  <https://tinyurl.com/CovidVaccineEasyRead> | |
| James 6GP Doctor 1 | | If you are worried about being on this list- talk to your doctor (your GP). | |
| Rule book | | **There are lots of rules to keep you safe from coronavirus.** |
| Computer Laptop  Coronavirus 2  Welcome to GOV.UKEasy Read Logo | | The rules to help us stay safe from coronavirus are on the Government website. This is in easy read. <https://www.gov.uk/coronavirus>  https://tinyurl.com/NationalLockDownEasyRead |
| List of people | | There is also different advice for people who are in more danger from coronavirus. |
| Shielding | | This is sometimes called shielding. |
| Stay HomeLockdown | | You are asked to stay at home as much as possible.  This means there will be less danger to you from coronavirus. |
| Tricycle ride  Dog walking | | You can still go outside to exercise |
| Health Centre Enter | | You should still go to health appointments. |
| House 6  Esther Laptop 2 | | Work from home if you can. |
| Job Letter 1 | | You can use this letter to tell your employer that you should work from home. |
| Someone writing a letter on 21 FebruarySomeone writing a letter on 21 February | | This advice is for until 21 February.  We will write to you again if you need to keep following these rules after that. |
| Someone washing hands, someone wearing mask, some people social distancing | | It is really important that you follow the rules to stay safe. |
| Computer Laptop  SafetyCoronavirus 2  Bored-3 | | There is advice for people who are at more danger from coronavirus  <https://tinyurl.com/AdviceIfMoreAtRisk> |
| Computer Laptop  Easy Read Logo  Cross No | | Most of this website is not easy read. |
| someone helping use a computer | | You could ask someone to help you read the website. |
| Computer LaptopEasy Read LogoCoronavirus Symptoms | | There is easy read information about how to stay safe and well during coronavirus from Mencap.  [https://tinyurl.com/ CoronaVirusEasyRead](https://tinyurl.com/CoronaVirusEasyRead) |
| Computer LaptopEasy Read LogoSad Emoji | | There is easy read information about how to look after your feelings from the Down’s Syndrome Association.  [https://tinyurl.com/ DSAWellbeingResources](https://tinyurl.com/DSAWellbeingResources) |
| Zoom MeetingCoronavirus 2 | | The Down’s Syndrome Association has weekly webinars to talk about coronavirus.  You can phone their helpline to find out more. Call-  0333 1212 300  between 10am and 4pm  Monday-Friday |

|  |  |
| --- | --- |
| GP Doctor 1Lloyd 11 | Please make sure your doctor (GP) has your correct contact details.  So we can contact you quickly if we need to.  We need- |
| Address Street  Address Post Code | Your home address. |
| Phone Number Mobile | Your mobile phone number. |
| Email Address | Your email address, if you have one. |
| Question 4GP Doctor 4 | If you have questions about this letter you can ask your doctor. |
| Person with their thumbs up | Your doctor can help you understand how to keep well. |
| Person on the phone. | This is the phone number for your doctor (GP).  «PRACTICE\_Main\_Comm\_No» |
| A picture containing clipartDescription generated with very high confidenceTick Yes | Remember- if you need help with your health the NHS is still open.  Ask your doctor for help. |

Yours sincerely,

«PATIENT\_Registered\_GP»

**Other things to help you (1)**

|  |  |
| --- | --- |
| Someone looking healthy with some tablets of vitamin DSomeone looking healthy with some tablets of vitamin D  **Vitamin D** | One of the best things you can do is to try and stay healthy.  Vitamin D is important to keep you healthy. |
| YouTabletsCal month april | Some people take Vitamin D already.  If you don’t, we want to give you free Vitamin D because you are on the list for more support. |
| Cal month marchCal month februaryCal month january | This will be from January until April. |
| Computer LaptopMichael 6 | You need to tell us you if want this free vitamin D.  You can do this online at [www.nhs.uk/get-vitamin-d](http://www.nhs.uk/get-vitamin-d) |
| GP Doctor 1Phonecall16 | You can ask a family member or supporter to help with this.  Or you can talk to your doctor about vitamin D. |

**Other things to help you (2)**

|  |  |
| --- | --- |
| Food Bank  A picture containing clipartDescription generated with very high confidence  man in a pharmacy | If you need help with things like shopping and picking up medicine the NHS Volunteer Responders can help. |
| MoonSun  Time 08:00Time 08:00  Phone Call 4 | You can call them on  0808 196 3646  between 8am and 8pm. |
| Information signWebsite Link | You can get more information on [https://nhsvolunteerresponders.org.uk/ services](https://nhsvolunteerresponders.org.uk/%20services) |

**Other things to help you (3)**

|  |  |
| --- | --- |
| CouncilShielding | **Shielding support from your council**  You may be able to get extra support from your council to help you to stay safe. |
| Food Delivery from a supermarket | This might help you get your supermarket deliveries.  These are sometimes called priority slots. |
| Council building | Your council may be able to help in other ways too. |
| Computer LaptopVirus Shielding | You need to tell your council you if need this help.  You can tell them on this website -  <https://www.gov.uk/coronavirus-shielding-support> |
| Computer Laptop  Virus Shielding | You need your postcode to use this website.  You also need your NHS number to use the website.  You can find this at the top of this letter. |
| Easy Read Logo  Cross No | This website is not in easy read. |
| Phone call | You could ask someone to help you with the website.  Or you could phone your local council to see how they can help. |

**Other things to help you (4)**

|  |  |
| --- | --- |
| A picture containing clipartDescription generated with very high confidenceTick Yes | **The NHS is here to help you with your health** |
| GP Doctor 1  James 6 | If you are worried about your health or about coronavirus talk to your doctor (GP), hospital doctor or use NHS 111. |
| Computer Laptop  Appointment with a doctor on a Computer | There are some NHS services which you can on your smart phone or computer, if you have one. |
| GP Friendly | You can have some medical appointments on your computer. |
| Computer Laptop  Medicine Blisterpack | You can order more medicine on your computer.  This is sometimes called repeat prescriptions. |
| Computer Laptop | To find out more go to [www.nhs.uk/health-at-home](http://www.nhs.uk/health-at-home) |
| Easy Read LogoCross No | This website is not in easy read. |
| NHS 111 | If you have an urgent medical need, call NHS 111 |
| 999 Emergency | If you have a medical emergency phone 999 for help. |